

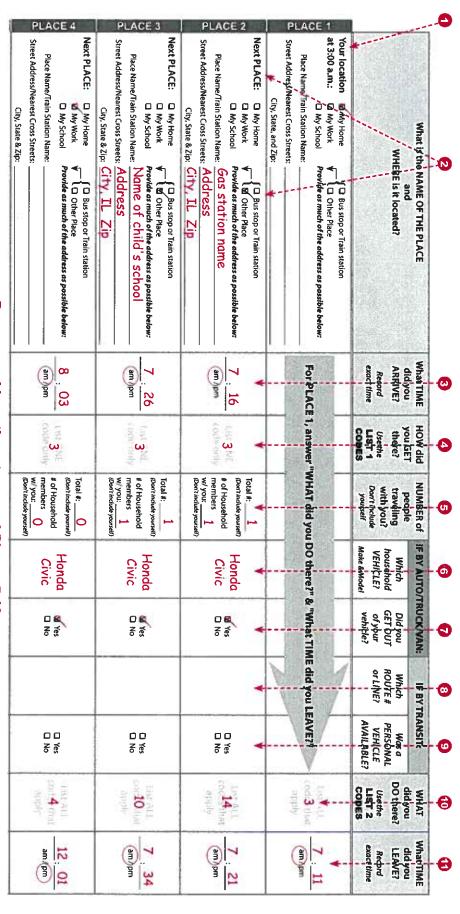
Instructions & Example: Read this first

- Begin your Log wherever you are at 3 a.m. on your Travel Day. Record every PLACE you go, even quick stops on the way to work/school, or after you get home, including walking the dog, biking, or jogging.
 PLACE NAME and as COMPLETE ADDRESS information as possible.
- **EXACT TIME you ARRIVE at each place**

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- 4 Record the code from the LIST 1 CODES (located on the flap in Log) for "HOW did you GET there?"
- 5 Total NUMBER of other people in your travel party and the number of those that are members of your household. (DO NOT INCLUDE YOURSELF)

- If you traveled in a VEHICLE owned by your HOUSEHOLD, tell us the Make and Model.
- Did you get out of your vehicle at this place?
- If you rode Transit, record which route number or line you used
- If you rode Transit, could you have used a personal vehicle instead?
- Record ALL the codes that apply from the LIST 2 CODES (located on the flap in Log) for "WHAT did you DO there?"
- EXACT TIME you LEAVE each place.



Person would continue to record Places 5-10